



# Shottisham Village Newsletter

Dear Friends

For many people – children especially – August means holidays whether it is school holidays, time away from home or a break from the normal routine. Many clubs and activities take a break in August including our own 'Messy Church' and there can be more time for rest and re-creation.

For many people though, rest can seem hard to come by; an impossible luxury perhaps for those in a caring role, in stressful jobs and situations or with many responsibilities. How can we find rest in our '24/7' world?

The Tour de France – or any of the major cycling events which take place over many days - might not be where you would naturally look for an example of rest. But even during the gruelling days of cycling, the competitors who belong to different teams do not need to perform to their maximum capacity every inch of the way. There are opportunities for them to rest on the way – although we might not think of it as rest. Teammates – known as 'domestiques' - take turns to cycle in front of their 'main' rider and allow him to coast in their slipstream, saving energy for the key parts of the race.

Rest and re-creation can come in different – and often unexpected – forms. We might not all be able to lie in a deckchair with a good book and a cool drink to hand (we might not all want to!) but we can try and make the most of the opportunities that come our way to take some 'time out'. We can also help others to rest by sharing their load, taking the strain for a little while. And if you despair of finding rest, I pray that someone will come alongside you and share your load.

Wishing you every blessing

*Ruth Hatfield*

August 2017	SHOTTISHAM	SUTTON	HOLLESLEY	ALDERTON
Thursday 3rd			2.30 pm Glebe House Evensong Pat S/Mel	
6 <sup>th</sup> Transfiguration	11 am Holy Communion (Revd Michael)	9.30 Sutton Heath Family Worship tba	9.30 Sung Eucharist (CW) (Revd Michael)	8.00 Holy Communion (Revd Ruth)
13 <sup>th</sup> 9th Sunday after Trinity	6.30 pm Evensong tba	9.30 Morning Prayer (said) (Will Richards)	9.30 Family Communion for Sea Sunday (Revd Ruth) 6pm Reflection & Song Di Barnard	8.00 Holy Communion (Revd Michael)
Thursday 17th			10.30 am Glebe House Holy Communion (Revd Ruth)	
Saturday 19th			2 pm Wedding of John Wray and Emma Middleditch (Revd Ruth)	
20 <sup>th</sup> 10th Sunday after Trinity/Pets' Service	2 pm Pets' Service (Revd Michael)	11 am Holy Communion (CW) (Revd Ruth)	9.30 Café Sundae Judy Foulger/Revd Ruth 6.30 pm Evensong tba	8.00 Holy Communion (Revd Michael)
27 <sup>th</sup> 11th Sunday after Trinity	9.30 am Family Communion (Revd Ruth)	6.30 pm Evensong tba	9.30 am Sung Eucharist (Revd Michael)	

**30th August** Deben Churches joint PCC Meeting at Sutton Heath Room next door to Sandling School, 7pm.

**St Margaret's Church Fete** is on **Sunday 27<sup>th</sup> August** by the church from 12 to 3 pm. All the usual stalls and more. BBQ and teas. All donations welcome for the raffle, tombola, wheelbarrow of drink, cakes for teas. (Please ring Pat 411470 or Anne 412134) Please come and support Shottisham PCC.

### Gardening gems from Ivan

It has been said that we do not have a climate, just weather. We went away for a few days and locally you enjoyed high temperatures and no rain. We return and we have had two inches of rain in three days. Now the sun is shining we must go and check on the state of the allotment and dig some potatoes.

Two weeks of rapid growth – the runner beans are at the top of their canes, in full flower, and enough beans for a feed (July 12<sup>th</sup>). French beans need picking, courgettes are now marrows, and disease is terminating the growth of the onions, but hopefully enough left in them to make reasonable sized bulbs. Main crop potatoes look promising, and of course the obligatory weeds are doing really well. So we need a concerted effort for a few hours to get things back on an even keel. We have some empty land so I'm tempted to put down some green manure seeds, to be due in at a later date. The strawberries need a good clean up and re-establishing elsewhere on clean land. The heavy rainfall has saved our new plantings in the garden, most of them are doing well, but one or two are struggling and will need some TLC.

Whilst away we only visited one garden, Threave near Castle Douglas in Dumfries. Due to their annual rainfall everything is large and green, well worth a visit, but one really needs to visit a garden several times a year to enjoy the seasonal changes and the variation in plant displays.

 Ivan

**Shottisham Trust Hall** For Trust Hall hire please contact Terrie on 410134.

**Cathy's Craft Group** is held on the 3<sup>rd</sup> Tuesday of the month at 7.00 pm in The Trust Hall, cost £2 which includes tea/coffee and biscuits. Proceeds all go to the maintenance of the hall. Any queries please contact Cathy on 411449.

**Shottisham WI** Anyone interested in becoming a member please contact Trish on 411735.

**Next WI meeting August 9<sup>th</sup>** at 10.30 please join us to clean up the hall and weed the orchard.

### Sorrel Horse

Getting into the full summer season now when the pub will be open all day every day offering food and drinks so why not pop along and enjoy yourself? Lazy afternoons catered for! Sunny days are our speciality!

**Sorrel Horse Music**              Another great night with The Bards of the Heath. No music this month but it recommences on Monday 11<sup>th</sup> September with the very talented **Harbour Lights** – details to follow. *Chris Harvey*

**Quizes** Quizes this month are on **August 2<sup>nd</sup>, August 16<sup>th</sup> and August 30<sup>th</sup>** starting at 8.30 pm. It is great that several villagers who have moved away are regular quiz team members including Elaine and Alan and Shirley Green with her daughter Pip.

### Regular Village Services

**Community Car Service for Doctor/Hospital appointments Woodbridge and Ipswich.** Part funded by Suffolk County Council. Cost Woodbridge £5 / Ipswich £10. Colin Beecroft Tel 411794

**Mobile Grocer** – every Thurs 10.30 - 10.45am at Heath Drive and 10.50 am – 11.15am at the Knoll - tel Sonya 07810370314 for info

**Mobile Library** – **Tuesday August 22<sup>nd</sup>** at the Knoll from 3.00 pm – 3.20pm.

**CATS Link Bus** can be contacted on 01728 635938

**Fresh fish** - Cath from Lowestoft visits the village weekly on Tuesday afternoon. Tel 01502 530965 Mobile 07971 970836

### Proceeds from the Shottisham Photographic Book.

We now have nearly £300. in hand from the sale of the book and still selling, both in the parish and at Browsers Bookshop. I think the time has come to make up our minds on how we use these proceeds.

Some of the earlier suggestions from me and others have proved unsustainable. The telephone box is still owned by BT and operable. The planting of trees and hedges brings into question the ownership of the land. However, Helen Kemp and Bruce Chapple have come up with a series of ideas and I would like to have your views. I have spoken to the Parish Council and have an idea of their preference.

1. Creating and improving butterfly habits in the village, beginning with a survey and/or workshops .
2. Talks/workshops/village trails and surveys on native and sustainable wildlife friendly trees and hedgerow plants.
3. Improving existing habitat and nesting sites for swifts, including providing swift boxes.

All these ideas would involve obtaining expert advice from organisations such as RSPB, Butterfly Conservation and Suffolk Wildlife, but I do not anticipate there would be any problem with this.

We would also need a few interested people in the village to take part.

I already have an ecologist who has said he would be happy to come and make swift boxes (perhaps in the Trust Hall with the help of others). We could then pay for the hire of the hall and the materials from our proceeds.

I have also agreed with Christine Block, our District Councillor, that some of the proceeds will go towards having the photograph of the Trust Hall from the book enlarged and framed ready for the refurbishment of the Hall.

Could I now ask for your views on these ideas? Please email or phone me – it would be great to get going in the autumn if we can get enough enthusiastic people together.

Diana Bickerton

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### Local events in August

4<sup>th</sup> Girls' Night Out Sutton Memorial Hall 'Summer Holiday 7 for 7.30 pm tickets £6 420398 or 411793.

4<sup>th</sup> Children's Outdoor Theatre 'Wind in the Willows' Suffolk Punch Trust 6pm.

5<sup>th</sup> Alderton Fete – recreation ground 2 to 5pm – dog agility, classic cars and lots more.

6<sup>th</sup> Archaeology of the Landmark Windfarm Bawdsey Village Hall 10 am to 4 pm.

13<sup>th</sup> Sutton Fete at Sutton Memorial Hall.

17<sup>th</sup> Jazz Society 7.30pm at Bawdsey Village Hall.

19<sup>th</sup> Bawdsey Market 2 to 4 pm Bawdsey Village Hall.

20<sup>th</sup> Family Horse and Dog Show Suffolk Punch Trust 10.30 to 5pm.

27<sup>th</sup>-28<sup>th</sup> Something Suffolk Fair Suffolk Punch Trust 10.30 am to 5 pm.

Suffolk Punch Trust and Sutton Hoo have lots of events for children over the summer holidays.

**Local Schools** It has been a very busy and exciting year for Shottisham children at our local schools and they are now ready to enjoy their summer break. For older students who have just taken exams at **Farlingaye High School**, hopefully all your work will be reflected in your results. Next year **Bawdsey School** is opening the nursery to 2 year old children. Katie Butler, head, would like to thank all the parents, carers, families and wider communities for supporting the school and making it the 'Hidden Gem' on the peninsula.

**Other news** Joyce Lickert is now settled in Cotman House care home, Felixstowe, with a wonderful sea view and welcomes visitors.

**Havergate Adventure 2017** RSPB is running a boat trip to Havergate Island from Orford over 3 days from Saturday August 12<sup>th</sup> to Monday August 14<sup>th</sup> To book and for more information call Minsmere on 01728 648301.

For further information about church related items please contact Revd. Ruth Hatchett 412052 or email [ruth.hatchett@yahoo.co.uk](mailto:ruth.hatchett@yahoo.co.uk). For future contributions to the Shottisham newsletter please contact Nicky Beaven 411861 or [nicky.rosecott@gmail.com](mailto:nicky.rosecott@gmail.com) by 20<sup>th</sup> of previous month.