Shottisham Village Newsletter

The Vicars Voice

ARINEO

Dear Friends,

Last month, I took some "Time Out" at one of my most favourite places in North

Norfolk, the Shrine of Our Lady of Walsingham, for a little "R & R". It is an Anglican Shrine dedicated to Mary, the mother of Jesus in the small village of Little Walsingham, and set amongst a beautiful garden and grounds.

I was on a personal retreat, spending some time to refresh and reflect on my ministry here in Rendlesham and its surrounding churches. To take stock of what I want to try

and achieve here in spreading the gospel and good news of Jesus, and how to go about it. It also gave me some breathing space to reflect on my family, spend some time on personal prayer, going on some long walks to "blow the cobwebs away", as my grandma used to say, and to read a good book. (I know... a Jeffrey Archer novel might not be considered fine Spiritual reading but...!)

The Shrine of our Lady of Walsingham was founded by the Lady Richeldis in the year 1601, following a vision which appeared to her of Mary, holding a replica of the house

in Nazareth.

Richeldis built the church in honour of Mary and it became known to pilgrims as "Little Nazareth". The Shrine was destroyed by Henry VIII in 1538 during the reformation of the church. In 1922, the Revd Hope Patten rebuilt the church and has since seen a steady stream of Pilgrims coming from all around the world to savour the peace and prayerfulness of this place.

King Solomon, ,who reigned around 970 BCE (before Christ) was a very wealthy and wise king of Israel who succeeded his father, David, (of David and Goliath fame and who wrote the much loved 23rd Psalm). It was Solomon who wrote the book of Ecclesiastes in the Old Testament of the Bible,

was a seeker on a quest for the meaning and purpose of life. So he began to search for the meaning and purpose of life "under the sun".

Solomon wrote "There is a time for everything, and a season for every activity under the heavens: a time to plant, and a time to uproot, a time to build and a time to tear down, a time to weep and a time to laugh, a time to speak and a time to stay silent" We all need a time for special purposes, and one of the most valuable is a time to take time for oneself, some quality "R & R", to reflect, to refresh, to treasure the moment we are in.

If you want to reflect on the value of time, I attach an article I found in another church magazine. My prayer this month is that you may find some time to take time.

With love and blessings,

Rev Mandy Xx

The Value of Time

To realise the value of one year ask a student who failed a grade

To realise the value of one month ask a mother who has given birth to a premature baby

To realise the value of one week ask the editor of a weekly newspaper

To realise the value of one day ask a daily wage earner to has to feed his family

To realise the value of one hour ask the lovers who are waiting to meet

To realise the value of one minute ask a person who has missed a bus

To realise the value of one second ask a person who has just avoided an accident

To realise the value of a millisecond ask the person who won the silver medal in the Olympics Time is valuable, we don't get it back.

| NOVEMBER | CHURCH SERVICES |
|----------|-----------------|
| | |

| Data | | | | |
|-------------------------|----------|------------|------------------|--------------|
| Date | Time | Place | Service | Officiant |
| Sunday 7 th | 11.00 am | Shottisham | Morning Praise | Helene Berry |
| | | | | |
| Sunday 14 th | 10.50 am | Sutton | Remembrance | Rev Mandy |
| Remembrance | 6 pm | Shottisham | Evensong | Mel / Helen |
| Sunday | | | | |
| Sunday 21 st | 11.00 am | Sutton | Holy Communion | Rev Mandy |
| | | | | |
| | | | | |
| Sunday 28 th | 9.30 am | Shottisham | Family Communion | Rev Mandy |
| Advent Sunday | | | | |





Church Letter

Dear Friends

How the year runs on! We have no sooner turned the clocks back and dropped one hour behind British Summer Time than "..... it is Autumn's end

And this is Winter brought in by All Saints Fast followed by All Souls to keep us in Touch with chill and death. Each re-acquaints Us with the years' end, for we now begin A life of realism"

but before I write about realism and Remembrance, a word of two about pumpkins, sparklers and bonfires.

Don't you love watching fireworks? I do. But, though I was never troubled by the name Guy Fawkes when I was young, I do not now think that sad episode in our history lends itself to jollification. Nor do I feel comfortable with all the goings-on that now mark "Hallowe'en". Instead, I contend, "All Saints" gives us ample reason to light up the November sky with fireworks. No less than five of the Parish Churches that stand between the Rivers Deben and Alde (Hollesley, Ramsholt, Sutton, Eyke and Sudbourne) are dedicated to "All Saints", so 1 November is a splendid day for us to celebrate.

In doing so we are celebrating the Church's heritage enriched by the stories of countless unknown and unnamed heroes whose lives witnessed to their faith like sparks of light in a dark world. Many died as martyrs in the early days of the Church but many more witnessed to their faith in less spectacular ways by living in faithful obedience to that law of love for God and for their neighbour that replaces self-interest with mutual respect, and creates and encourages fellowship, and a sense of community that exemplifies friendship.

Friendship is an important aspect of our commemoration on Remembrance Sunday. A friend of my father who had served with him through the Italian campaign in 1943-44 explained to me how living through the constant and inescapable dangers and discomforts of war created friendships that were incredibly close and intimate, and it was these relationships which enabled them to do what had to be done in ways, at times and under circumstances which might otherwise have been impossible.

Of course this is not all that Remembrance is about. The two minutes silence on Remembrance Sunday gives us an opportunity to hear the names of the men and women from our villages who have gone to war and have not returned. We honour the price they paid and the cost of their going to those who loved them remembering that war casts a long shadow.

Nor should we forget that the same spirit of service is evident in the men and women of our Armed Services who now serve our country in dangerous or difficult circumstances in all sorts of unnamed places with extraordinary skill and commitment, and in those to whom our Government turns whenever the need arises. It is evident too in the support we receive from the accident, emergency and rescue services, and in those who have provided intensive care through the NHS throughout the last 18 months. To all these we owe a debt we should never forget.

I hope that our Remembrance this year will renew our sense of community in the friendliness and care, the kindness and concern that is the everyday currency of our relationships within our homes and families and in the neighbourhoods and networks within which we live. Those early Christian communities of which our "All Saints" celebration reminds us were notable for the way in which people lived, helping, supporting and caring for each other.

Our response to Remembrance calls us to do the same in our generation.RobinThe Rev Robin Alderson(robin.alderson@btinternet.com)

Billy the Fish is at The Knoll outside the pub on **Wednesdays - best to arrive at 9.30 am The mobile library** is at The Knoll on **Tuesday 9**th 3.00 to 3.20 pm.

To the people who contributed to my plant & vegetable stall during the summer.

It raised over £100 for the RSPCA Martlesham (self-supporting branch) & £10 for the Church, thank you, Dawn

To all Villagers

It is getting to that time of the year again (Christmas). We will be doing up boxes to go to the Salvation Army Food Bank in Woodbridge with a contribution from the Sorrel Horse Quiz Team. If anyone would like to add to this (it does not have to be a lot) please let me know - email = <u>dawnrosemarykay@aol.com</u> or call 01394/410331 we can collect, thank you, *Dawn & Ray Kay*

For the Attention of Senior Citizens in Shottisham

We are intending to hold our joint Christmas Tea Party at Sutton Memorial Hall on Monday 6th December at 2pm. We will be serving tea and there will be musical entertainment and a

raffle. If you would like to come please let me know - email <u>dawnrosemarykay@aol.com</u> or ring 01394/410331 ideally by 30th November. Lifts can be arranged, thank you, *Dawn*





The Peninsula Practice

| DAY | ALDERTON | ORFORD | ALDEBURGH | HOLLESLEY |
|-----------|----------------------|----------------------|---------------|-----------------------|
| Monday | 8.00 to 14.30 | 8.00 to 18.30 | 8.00 to 18.30 | 13.30 to 17.30 |
| Tuesday | 8.00 to 18.30 | CLOSED | 8.00 to 18.30 | |
| Wednesday | 8.00 to 18.30 | 8.00 to 13.00 | 8.00 to 18.30 | |
| Thursday | 8.00 to 18.30 | 8.00 to 13.00 | 8.00 to 18.30 | |
| Friday | 8.00 to 18.30 | 8.00 to 13.00 | 8.00 to 18.30 | |

BANK HOLIDAY & STAFF TRAINING CLOSURE DATES

The surgery will be closed for staff training on Thursday 11th from 13.00. When the surgery is closed please call NHS 111

COVID BOOSTER CLINICS

* Book your booster NOW * Eligibility:

- over 50yrs of age

or - any age in an "at risk" group

Appointments are available to be booked TODAY, this can be done via a unique link which we will text to all eligible patients or please call 01394 411641 AFTER 11am to book.

Appointments can be booked in advance. Please ensure the appointment is 6 MONTHS since your last covid vaccine. (Please note we will not be able to give the booster before the 6 months due date.) Please keep checking our website for clinic dates.

If you are yet to book for your flu vaccination, this can be given at the same time as the Covid Booster, please let us know at time of booking. <u>www.thepeninsulapractice.co.uk</u> 01394 411641

THE SORREL HORSE



SORREL HORSE, SHOTTISHAM AGM for 2020-21 will be held at St Margaret's church, Shottisham starting at **11am on Saturday 6th November**. All welcome. FIREWORKS DISPLAY, Sat 6th November. 4pm onwards. BBQ, PIZZA & BAR! Many thanks, *Rebecca*

News from your Local History Recorder

As some of you will already know, that after 33 years, I have recently moved from the cottage in Bussock woods to Wickham Market. You will appreciate that the move has meant that the history project on Shottisham had to take a back seat for a time. However, I am up and running again now and hope to spend a little more time in the Suffolk Archives to finish off a piece of research, before putting it all together and seeking the right printer.

I fully intend, if you are happy with me doing so, to continue as your local history recorder, at least until the book is done and dusted. At that time, you may feel that someone nearer to the village should take over, in which case I will put together a short resume of what is entailed and how it works with the Suffolk Local History Council.

In the meantime, may I issue a last call for anyone else living in one of the old houses of Shottisham, to contact me. We can then look at your old deeds and/or discuss your knowledge of your home and maybe take some photographs. There are still some householders who have not replied to my letters or entreaties, probably for perfectly good reasons. But if you feel you would like to be included in the book: My contact numbers are:

Mobile 07928-419766. Landline 01728-768570. Diana Bickerton. Shottisham Local History Recorder.

Shottisham WI

New members are always welcome to join us at Shottisham WI. We meet once a month at the Trust Hall. We also have a book club, walking group and enjoy various other activities. For further details contact 01394 411870. Thank you, *Diane Fleming*

Shottisham Parish Council

Update on Highways Issues

SPC has received confirmation that his request for an ANPR has been received. The police still need to come out and check the suitability of the suggested location while Shottisham wait for their turn of the only device in East Suffolk

Update on Playground Issues

A small working party of councilors has worked hard on fixing the majority of medium risk issues identified in the REJB quarterly report which included:

- Refurbishing and replacing the seesaw handles.
- Lifting and resetting the safety matting underneath the cantilevered swing.
- Removing the safety matting from underneath the playhouse and the fort floor.
- Repairing the strimmer damage on one of the supporting legs of the junior swings.

£2,500 Playground Grant

Suggestions on what to spend the grant money from ESC on include: table tennis table, basketball nets, climbing wall, roundabout swing and outdoor gym equipment. Equipment suitable for younger children includes springers/rockers, monkey bars, clatter bridge, toddler train, outdoor games etc. SPC will be expected to contribute towards the cost so the amount available to spend should be in the region of £4000. Fundraising by the village was also suggested as a way of increasing the budget or possibly Sport England could be approached.

Glass Recycling Facilities

A reminder that the glass recycling facilities at the Sorrel Horse are still freely available for village use but are now situated in the enclosure at the back of the pub behind the gate. There are also three other glass recycling bins within easy reach located in Alderton, Hollesley and Sutton.

The next meeting is on Tuesday 9th November at 7:30 pm in the Trust Hall.

Full minutes from the September meeting can be found on the Shottisham Village website at <u>http://shottisham.suffolk.cloud</u> *Lesley Roberts*, Clerk to SPC <u>Shottishampc.clerk@gmail.com</u> 01394 410581

LOCAL INTEREST IN NOVEMBER

Bawdsey Radar Museum is open Thursdays and Sundays – book on 07821 162879 **Sutton Hoo** is open at weekends only, although the walks are open in the week.

SUTTON MEMORIAL HALL COFFEE AND CHAT will be on Thursday 4th from 10am.

VILLAGE BREAKFAST Saturday 6th in **Sutton** Memorial Hall from 9am, last orders for cooking will be 10.30am - numbers restricted and all breakfasts must be booked in advance, please book by phoning Sue on 01394 411793.



Autumn colours

Wednesday 10th at 7.30pm SUTTON LADIES CLUB - a quiz followed by refreshments and a natter. £2 Any queries please contact Jacki on 01394 411530.

Saturday 20th Bawdsey Market 2-4pm

Friday 26th A Night on Broadway, Seckford Theatre, <u>https://easternangles.co.uk/boxoffice/ticket/108435</u>
Saturday 27th Christmas Market at Sutton Memorial Hall on 10am-12.30pm - Main Raffle, Cakes, Tombola, Raffle of Hampers, Individual Craft Stalls, Refreshments and more. In aid of Hall and Church Funds.
Bawdsey Boathouse Café is open every Sunday 11 am to 5 pm

Chair Based Exercise classes are at Bawdsey Village Hall every Tuesday at 11.15 for 1 hour followed by refreshments. Contact Jane on 01394 411373.

Yoga with Ellie Tuesday mornings 9 to 10 am on Bawdsey recreation ground. £7.

Yoga with Jane Friday evenings 6.30 to 7.30 pm Hollesley Village Hall, £6 drop in , £15 for 3 classes – booking info: <u>yogajane21@gmail.com</u> 07850 994707.

For contributions to the Shottisham newsletter please contact **Nicky Beaven 411861** or <u>nicky.rosecott@gmail.com</u> by **25**th of previous month. For church-related information please contact Rev Mandy E Reynolds <u>revmandy.rendlesham@yahoo.com</u>