



Shottisham Village Newsletter

Gosh! Where is time going? Summer has gone and Autumn is just about to come to an end. In the Christian calendar Advent is here.

So what does the word Advent mean? The dictionary says it's from the Latin word Adventus meaning coming. To the Christian it means a period of preparation as the Christian celebrates the Birth of Jesus. For many, both in the Christian Faith and outside of it, it's a time of joy and frustrations as to what do I get for people this Christmas. For young families it can be a time of great joy and excitement as they watch their children help prepare for Christmas and decorating the tree.

I remember one Advent my wife coming running into the sitting room waving what looked like a lollipop stick shouting "LOOK!"

The pregnancy test kit showed she was pregnant. She made me NOT say anything just in case.

I lasted all of five hours. I was straight down the Mess telling everyone that was around that we were going to have a baby.

On the Monday I was straight down to the Toy Shop and bought a train set and a SCALEXTRIC. I didn't even know whether it would be a girl or a boy. Either way that was going to be their present for their birthday. I'm sure many people will be looking forward to something special this Christmas. But not all people will, some will be dreading Christmas. Why? Some may find themselves on their own this year. For some it might be a time of sadness as they remember a loved one or someone special who is no longer around. To others a relationship may have broken up, or possible they are a long way from home. Some people may be homeless, sofa surfing, even without any shelter and on the streets.

So what is it that God asks of us this Christmas period? How does God want us to prepare? Yes I'm sure God wants us to have a special time and a happy one. But are we not reminded that above all God wants us to share Peace and Good Will with one another? We can of course do that in many ways.

We could give to one or more of the Charitable causes, or it may be you find out where a shelter is serving food to the homeless and see if we cant help in some way.

It might be that we donate to the Shoe Box Appeal, or even to the Present Appeal run by The Salvation Army, or Church Army.

We could invite someone on their own to join us over the Festive period. It could even be we just pop a Christmas card in our neighbour's door. After all it's said that The Shortest Distance between two people is a smile.

I wonder what you might do this Christmas.

In one of the Christmas Carols that song is in - In The Bleak Mid Winter. The last line of that Carol is What Could I Give Him I Give Him My Heart.

My Prayers are for you all this Christmas just as Christ's Love is for us every day.

Thank you, yours Revd Capt Simon Cake. CA.

SERVICES IN DECEMBER IN SHOTTISHAM AND SUTTON

Sunday 4 th	11.00	Shottisham Morning Praise	Helene Berry
Sunday 11 th	11.00	Sutton Christingle Service	Revd Simon
Sunday 18 th	11.00	Sutton Holy Communion	Revd Simon
18th	6 pm	Shottisham Carol Service followed by mince pies and mulled wine	Revd Simon
Saturday 24 th	4 pm	Sutton Carols and Crib Service	Revd Simon

24th 9.30 pm Shottisham Christmas in Bethlehem

Revd Simon

Sunday 25th 11 am Sutton Christmas Eucharist

Revd Simon

Thursday 8th 6.15 pm meet outside The Trust Hall for refreshments before carol singing round the village.

Bark and brunch at The Rectory **Wednesday December 28th 9 to 11 am**



	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30	13.30 to 17.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30	CLOSED
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED

STAFF TRAINING DATES

Aldeburgh and Orford surgeries will be closed for staff training on **Wednesday 7th December from 13.00**. Alderton surgery will be open for booking future appointments only, and Alderton pharmacy will be open. All calls will continue to be redirected to 111 for this afternoon.

This means that there will be no clinical staff available during this afternoon at any site.

When the surgery is closed please call NHS 111.

Vaccinations

We have now vaccinated over 61% of eligible patients for the flu vaccine, and 65% of covid-vaccine eligible patients, in addition to vaccinating all eligible care and house bound patients. These phenomenal numbers are the result of 6 full-day vaccine clinics across the Peninsula.

If you do not wish to have your covid or flu vaccine, please call the surgery after 11am to notify us, as we will continue to send you reminder notifications unless you inform us that you decline them.

Menopause webinar – Thursday 5th January 2023

On Thursday 5th January 2023, Dr Crockett will be holding a second Menopause information webinar. Involving a presentation followed by open questions, it is open to everybody; male or female, patient of Peninsula practice or not, pre-, during- or post-menopause.

You can join anonymously – no camera or mic is required, and you can add any questions or comments in the chat which will be answered by Dr Crockett during the session.

We have a webpage on the menopause on our website, which is updated regularly:

<https://www.thepeninsulapractice.co.uk/menopause>

Please call the surgery after 11am to book and a Zoom link will be sent out closer to the time.

THE SORREL HORSE

CHRISTMAS OPENING TIMES	
DEC 20TH	CLOSED
DEC 21ST -	12PM - 10PM
DEC 22ND -	12PM - 10PM
DEC 23RD -	12PM - 10PM
DEC 24TH -	12PM - 10PM
DEC 25TH -	CLOSED
DEC 26TH -	CLOSED
DEC 27TH -	12PM - 10PM
DEC 28TH -	12PM - 10PM
DEC 29TH -	12PM - 10PM
DEC 30TH -	12PM - 10PM
DEC 31ST -	12PM - 12.30AM
JAN 1ST -	12PM - 6PM
LUNCH SERVICE 12PM - 2.30PM	
DINNER SERVICE 5.30PM - 8.30PM	

ALL YOU CAN EAT MOULES FRITES Wednesday 7th- unlimited mussels and house fries - £18 per person. From 5.30pm. Call 01394 411617 to book.

CHRISTMAS CHEESE & WINE EVENING - Thursday 8th (7.30pm - 9.30pm). Hosted by Smashing Wines - 10 wines to sample plus a 3 course cheese inspired meal! £25 per person - please call 01394 411617 to book! Many thanks, *Rebecca*

Food Bank

If anyone has anything for the Food Bank the last date that I can accept it is **10th December**. Either leave at our house or call 01394/410331 email dawnrosemarykay@aol.com for collection.

Thank you, *Dawn Kay*, Brook Cottage

Shottisham Parish Council

Season's Greetings and a Happy New Year from Shottisham Parish Council

Highways

The result from the Highways Survey on Ford Hill by SCC were disappointing as they contradicted the test results from the ANPR, which were considerably higher. The ANPR data showed that 50% of traffic was travelling at 31+ mph whereas the average speed reported by SCC was 27-29 mph. The likelihood for this disparity is because Highways focused on the bridge rather than the approaches to it. This data is unlikely to convince Highways of the need for a 20 mph speed limit in the area though.

Lottery Fund Donation

Chairman Ray Kay's bid for Lottery Funding has been successful and the council are delighted to report that they have been awarded £8,000 to spend on playground maintenance and new equipment. Councillors are planning to purchase some equipment for older children in the New Year.

Playground

Cll PS reported that grass cutting and weed control has been completed for this year and CGM have provided a good service so they will be asked to quote for the same contract for next year. The recent RoSPA report identified a number of medium risk areas in the playground that require some maintenance. Councillors agreed that REJB should be asked to provide a quote for doing all the work as it could be funded using part of the Lottery Funding money allocated for maintenance.

“Ease the Squeeze”

If you or someone you know is suffering because of the current economic situation please remember that there is help available. Use this link [Ease the Squeeze on cost of living » East Suffolk Council](#) or contact the Parish Clerk, Lesley Roberts on 01394 410581 or shottishampc.clerk@gmail.com. CONFIDENTIALITY IS ASSURED. Lesley can then point you in the right direction for help or pass details of your need to a member of the Ease the Squeeze team.

The next parish council meeting will be on **Tuesday 10th January at 7:30 pm** in the Trust Hall. Full minutes from the November meeting can be found on the Shottisham Village website at

<http://shottisham.suffolk.cloud>

Lesley Roberts, Clerk to Shottisham Parish Council Shottishampc.clerk@gmail.com 01394 410581

Shottisham WI

The **WI** is thriving and we are always pleased to welcome more members, *Diane Fleming*, Shottisham WI secretary.

LOCAL EVENTS

Mobile library at The Knoll, Shottisham 3 to 3.20 pm on **Tuesday 6th**

Quizzes – Quizzes are at The Swan, Alderton on **Wednesday 14th (Christmas Quiz) and 28th** at 8 pm.

Alderton Swan is open Thursdays/Fridays/Saturdays 6-10pm and Sundays 12-3pm

Friday 2nd Breakfast, Sutton Memorial Hall – 9.00-10.30am, book with Sue 411793

Friday 2nd Craft Group Christmas Coffee Morning – 10.00am-Noon, Bawdsey Village Hall

2nd 3rd 4th Hollesley Players Panto ‘Puss in Boots’ – Fri 7.30pm, Sat 2.30pm/7.30pm,

Sun 2.30pm. £9 adults, £8 OAPs, £6 under 16s, Hollesley Village Hall

Sunday 4th Alderton Xmas Tree Light Up – 4.00pm plus Santa’s Grotto/ Refreshments

Friday 9th to Sunday 11th Craft Fair – 10.00am-4.00pm, Suffolk Punch Trust

Saturday 10th Bawdsey Christmas Market – 2.00-4.00pm Bawdsey Village Hall

Saturday 10th Christmas Party/Pop-Up-Pub – 6.30pm Christmas Lights Switch On & Carol Singing, 7.00pm Christmas Quiz, Bawdsey Village Hall

Saturday 17th Carols at the Quay – 2.00pm, Boathouse Cafe

Boathouse Café Open Friday-Sunday, 11.00am-5.00pm

Poppy’s Café Rock Barracks open Mon-Thurs 9.15am-2.00pm (closed 23 Dec-3 Jan)

Thrift Shop Rock Barracks, open Mon-Fri, 8.00am-4.00pm (closes Noon on Fri) (closed 23 Dec-3 Jan)

Marsh Farm Café RSPB Reserve Hollesley open 9.00am-3.00pm daily

Mobile Post Office Every Thursday, 1.15-3.15pm, Alderton Village Hall

Qi Gong Classes Weds 10.00am/Thurs 7.00pm, Bawdsey Village Hall, call Chris 0771 3637841

Yoga with Ellie Tuesday, 9.00-10.00am, Bawdsey Village Hall, contact Rawdon 411459

Chair-based Exercise Class Tuesday 11.15am, Bawdsey Village Hall, ring Jane 411373

Woodbridge & District Safer Neighbourhood Team www.suffolkpolice.uk,

email woodbridge.snt@suffolk.pnn.police.uk. Dial 101 when less urgent than 999

For contributions to the Shottisham newsletter please contact **Nicky Beaven 411861** or nicky.rosecott@gmail.com by **25th** of previous month. For church-related information please contact Rev Simon Cake 07710 523856 simon.cake@outlook.com