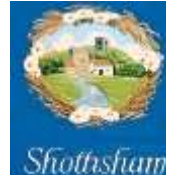


Shottisham Village Newsletter



The 1st of March is St David's Day. If you're Welsh of course this is a very important day as it's the day Welsh people around the World celebrate the Patron Saint of Wales who is St David.

In lots of Primary School in Wales Children wear National Costumes and will wear Red Rugby Shirts. Lots of people will wear a daffodil on their clothing. It's a time that brings people together. Stories are told about St David and his life. There are quite a few things that St David is reported as doing . But one thing that comes through all the stories is - he was a simple man who shared the Love of God wherever he was. David is also remembered for keeping a very strict prayer life, always thanking God for everything, as well as encouraging his followers in taking an active part in caring for others .

He loved to tell stories of Christ's Life and was generous to all, sharing his time with all, even with his enemies.

So, you can see why St David makes a good Saint. Today is also a good day for us all to stop and remember someone who's shaped our lives. Reflect on what they have done for us . They may no longer be with us but we can still thank God for that Special Person who has made a difference in our lives. Perhaps sadly they're no longer here with us, or they may still be around now. In which case why not pop round and give them a small bunch of daffodils or buy them a drink or even a box of chocs and say Thanks to them. St David always made a point to say thank you to God and everyone he met. Giving encouragement and showing kindness goes a long way, *Rev Simon Cake*

Services in March in Shottisham

Sunday 5th Family communion 9.30 am

Sunday 12th Morning Praise 11.00 am followed by Lent lunch 12.00 all welcome..the soup is always excellent...!

Sunday 19th Evensong 6.00 pm

Bark and brunch at The Rectory **Wednesday 22nd 9 to 11 am**

Thank you to everyone who made the Pancake evening in The Trust Hall so enjoyable on Tuesday 21st February and to Diane Ling and her incredibly biddable Belgian Malinois puppy Jed.



News from your Local History Recorder

On Saturday 18th February, we had a lovely afternoon with cake, coffee and tea, selling and signing the Shottisham local history book. Thank you to everyone who came and bought the books, it was a great community couple of hours. And thank you to Liz Cardnell and Ray Kay, who helped set up and supported me. If you would like a copy, please text, email, phone or WhatsApp and I will bring a copy over. It is always a good excuse to come back to Shottisham. I shall also be at the Trust Hall on **Saturday 29th April**, when I will take a stall. And I hope to book the Hall for a talk about the researching and writing in early May. *Diana Bickerton* 07928-419766 Dianabickerton88@gmail.com



	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30	13.30 to 17.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30	CLOSED
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED

STAFF TRAINING DATES

Aldeburgh and Orford surgeries will be closed for staff training on **Wednesday 1st March** from 13.00. Alderton surgery will be open for booking future appointments only, and Alderton pharmacy will be open. All calls will continue to be redirected to 111 for this afternoon.

This means that there will be no clinical staff available during this afternoon at any site.

When the surgery is closed please call NHS 111.

Hollesley Surgery

Our practice, which runs a primary care service in Hollesley village for four hours each Monday afternoon, is running an engagement exercise to seek views on a proposal to withdraw this branch service from the Hollesley site.

Please go to our website to find out more and how to submit any feedback by 5th March.

Compassionate Companions

What if we could support you and other Ipswich and East Suffolk residents to feel more confident and able to offer compassionate support for people towards the end of their lives, and their loved ones?

Imagine having the training, ongoing support, knowledge and confidence to be a companion volunteer, working alongside other members of the community and clinical teams to provide the best possible care to those at the end of their lives.

Our next course of Companion training is taking place on 24th, 25th & 26th April 2023 in Kesgrave. There are currently some spaces available for people who are interested in becoming trained Compassionate Companions.

To find out more and register for the training, please email Sheila at sheila.stoker1@nhs.net.



Shottisham WI

Are you new to the area, or find you have time on your hands?

Looking for companionship, think you would enjoy walks and outings or listening to entertaining speakers to broaden your mind?

Shottisham WI meets on the second Wednesday of every month in the hall, and usually has a monthly additional walk or outing too.

Other entertainments booked for meetings this year include speakers from Suffolk Wildlife Trust, a volunteer from Orfordness, Master of the Hamilton Blood Hounds and the Shantyfolk Singers (returning by popular demand), to tell stories and sing rousing sea shanties.

You will be very welcome to join us as a guest on **Wednesday 8th March at 2 pm**, to see for yourself, a taster of what Shottisham WI members enjoy. We spend a few hours together and will be entertained by two Morris dancers who will give a light-hearted talk about their group, and show us a few steps too. This will be followed by refreshments, a natter, and with details of further WI activities coming up.



On **Saturday April 29th** 10am to 1pm, we will be holding our popular annual WI plant and cake sale at the hall. We will be serving tea, coffee and homemade refreshments in a pop-up cafe too. The raffle will be for a hamper of garden goodies. Several children's games and other attractions will be organised too.

Trestle tables will also be available for hire, to sell local arts and crafts etc. Spaces available will be limited. The cost will be £15.00 per table.

If you would like to come to our afternoon meeting in March, or would like to hire a space at the April event, please contact me, *Diane Fleming*, WI Secretary. at dillypal@outlook.com or phone 01394411870.

The Sorrel Horse

IT'S THE LAST ALL YOU CAN EAT MOULES FRITES OF THE SEASON ON WEDNESDAY 1st MARCH! £18 per person for unlimited mussels and house fries

WINE TASTING - APRIL 27th, 7pm - Smashing Wines will be offering a selection of 6 wines to try with accompanying dishes. £25 per person.

To Book call 01394 411617 or email reservations@thesorrelhorse.co.uk Many thanks, Rebecca

SHOTTISHAM PARISH COUNCIL

All the current (6) members of the PC are required to resign in May, some have indicated an intention not to stand for a further term. In particular Pat Southgate who has ably looked after the Play Area for some years will not be re standing, she will be missed.

With the exception of one Councillor the average age of the current Parish Councillors is in excess of 70 years, we desperately need new blood. Meetings are six times a year.

If you would like to be considered for the PC and would like to know more about what is involved contact Lesley Roberts – Clerk at shottishampc.clerk@gmail.com or call 410581 or Ray Kay on kayrymnd@aol.com or call 410331

DEFIBRILLATOR

The PC was recently advised that an attempt to use the defibrillator at the Sorrel failed as the box could not be opened, instead the Sutton unit was acquired although did not need to be used. The unit was originally acquired by Gary Miller who matched village donations.

After much investigation it appears that no-one took over responsibility for the unit when it was acquired nor was it registered with the Ambulance Service. The unit is now registered and access to the combination code can be found by calling 999. Alternatively the code is in the Sorrel kitchen when available or from any Parish Councillor. New Pads are on order as the existing ones are out of date, we are also checking on whether the unit needs a software upgrade.

(We have been advised not to advertise the code on the unit due to acts of vandalism.)

NEXT PARISH COUNCIL MEETING Tuesday 14th March, Trust Hall, 7:30pm

LOCAL EVENTS IN MARCH

Saturday 4th Bawdsey Haven Yacht Club illustrated talk by Peter King on The Clipper Thermopylae & The China Tea Sea Trade 7.30 pm Bawdsey Village Hall

Friday 17th 7.30 pm Presentation of Bawdsey old photos Bawdsey Village Hall

Saturday 25th Community Morning Coffee – 10.30am-Noon, Bawdsey Hall, FREE

Mobile library at The Knoll, Shottisham 3 to 3.20 pm on **Tuesday 28th**

Quizzes – Quizzes are at The Swan, Alderton on **Wednesday 8th and Wednesday 22nd** at 8 pm.

Alderton Swan is open Thursdays/Fridays/Saturdays 6-10pm , and Sundays 12-3pm

For events at Sutton Hoo <https://www.nationaltrust.org.uk/visit/suffolk/sutton-hoo>

Boathouse Café Open Friday-Sunday, 11.00am-5.00pm **from Friday 3rd March**

Poppy's Café Rock Barracks open Mon-Thurs 9.15am-2.00pm

Marsh Farm Café RSPB Reserve Hollesley open 9.00am-3.00pm daily

Suffolk Punch Trust/Café open from 29th March, 10.30am-4.00pm, not open Tuesday

Thrift Shop Rock Barracks, open Mon-Fri, 8.00am-4.00pm (closes Noon on Fri)

Mobile Post Office Every Thursday, 1.15-3.15pm, Alderton Village Hall

Qi Gong Classes Weds 10.00am/Thurs 7.00pm, Bawdsey Village Hall, call Chris 0771 3637841

Yoga with Ellie Tuesday, 9.00-10.00am, Bawdsey Village Hall, contact Rawdon 411459

Chair-based Exercise Class Tuesday 11.15am, Bawdsey Village Hall, ring Jane 411373

Woodbridge & District Safer Neighbourhood Team www.suffolkpolice.uk, email woodbridge.snt@suffolk.pnn.police.uk. Dial 101 when less urgent than 999



Remembering Pat Inman(written by her daughter)

Pat Inman and her beloved husband the late Mark Inman, moved to Hollesley in 1970, not long after their return from Nigeria where they had worked as missionaries. Mark worked at the borstal in Hollesley, initially as a teacher and then Prison Chaplain. They quickly developed friendships with people in the village, many of whom had shared interests in the church, animals, and gardening. Both Pat and Mark were trained in Horticulture and gardening was her passion. Mum very much enjoyed her charity work, such as the Mother Theresa group and was busy with four children and a menagerie of animals. On retiring from the Prison service, they moved to Shottisham Rectory where Mark was Priest in Charge on the peninsula. Pat always talked about how happy their time was in Shottisham where she supported Mark in his work and enjoyed a lovely garden and hobbies such as beekeeping.



For contributions to the Shottisham newsletter please contact **Nicky Beaven 411861** or nicky.rosecott@gmail.com by **25th** of previous month. For church-related information please contact Rev Simon Cake 07710 523856 simon.cake@outlook.com