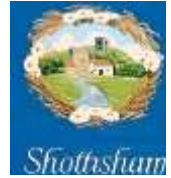


Shottisham Village Newsletter



And so, we move into July with Ordinary time, in which we may rest, for as many as twenty-one weeks, sweeping through what we hope might be a long languid summer, through harvest and the equinox, until the end of October. Then follows Bible Sunday's reminder of our scriptures as we enter that special period of Remembrance-tide.

We have journeyed far, from Incarnation, to passion, death, resurrection and Ascension – all those defining events of Jesus's life, which are now reflected in our pattern of worship. A pinnacle has been achieved, a culmination reached, and we can now take stock, settle, and rest. We have been given the Advocate, the Holy Spirit, and we have just spent time trying to grasp how the Father, Son and Holy Spirit fit together in the Trinity of the triune majesty. Does it matter if the doctrine is hard for us to understand? I don't think so. I always think of the apostle Peter, who himself asked many a naïve question, and will do so again at Jesus's Transfiguration in August. He may have been perplexed as we may surely be, but he went on to be a great leader, as we can too.

All the days of our life, we will be guided by the so-called *Comforter*, holding our hand when we are down-hearted as we travel our own journeys. The Holy Spirit is often symbolised by a dove, as rescued in stained glass from the damaged east window of St Peter's Church in Chillesford, or, by the wild goose of Celtic Christianity, as I had so much fun researching – displaying fearlessness, fortitude and compassion – so very apt.

The long weeks of summer, and much of autumn, may be filled with our gardens, our seafaring adventures, and with music – from folk to classical and everything in between, in pubs and bars, in churches, in the concert halls of Snape Maltings – orchestras, ensembles, and the exquisite voices of choirs and soloists. There are wonderful pieces of church music to listen to, sixteenth century Palestrina to contemporary compositions. Orford choir shone with canticles and anthems for the Coronation, and St Bartholomew's and its organ was on fire again for the second Catherine Ennis memorial recital by the much-feted principal organist of the Cathedral of Notre Dame, Olivier Latry.

The last time I wrote this piece I spoke about endeavours to protect our historic church buildings here in Suffolk, and to repair failing gutters and crumbling plaster. The scale may be smaller than Notre Dame but the churches are much treasured. I am pleased to note a second phase of works starting in my parish church which will culminate in limewashing the whole of the interior, enticing visitors maybe to worship, or just to look, to be thankful for the beauty which surrounds them, to be at peace.

For quiet and contemplation, the minds of many turn to the chancel of St Gregory's Church which has those glorious soft Suffolk pink walls, and which provides, every fourth Sunday, a Taizé service - just forty minutes of meditative music, sung in many languages, prayer, and silence, in the stillness of the evening and in the peace of candlelight.

Come Holy Spirit, our hearts inspire! *Janet Bishop, Reader*

Services in July in Shottisham

Sunday 2nd no service

Sunday 9th 11 am Morning Praise

Sunday 16th Evensong 6pm

Bark and brunch at The Rectory **Wednesday 26th 9 to 11 am**

SAVE THE DATE -St Margaret's Church Fete - Sunday 27th August 12 noon - 3pm at the church/carpark.

We hope to have the usual Wheelbarrow of Booze, BBQ, Bric a brac, cakes, tombola, produce, face painting, nail bar, games, stalls, raffle, ice creams and teas.

More details next month. We do need help and donations so please let Anne 412134 or Pat 411470 know if you can help. Our church needs funds to survive and this is our main fundraiser. So please put the date in your diaries . Thank You , Shottisham PCC

St Margaret’s Campsite and The Blue Rabbit Café

Hello from the campsite and cafe. I have been busy in June with baby goats - I now have 6, 3 girls and 3 boys. They are super playful and everyday practise their jumping skills. Still no news on the alpaca babies but they are due any day so I keep watching and waiting. If you want to visit the animals I do ‘animal feeding’ every Saturday evening at 6pm and everyone is welcome to come and experience the baby goat joy.



The Blue Rabbit cafe is busy with lots of lovely friends and new faces. Currently there are lots of delicious homegrown strawberries with waffles with some tasty home-made caramel sauce. A bit of a shout-out for what I think might be the best ever toastie ever - cheese, slow-cooked

homemade tomato jam, caramelised balsamic onions and spinach - add some delicious home-reared smoked ham as well if you fancy - all served with home-grown flower, herb and lettuce salad. Of course there are also lots of lovely homemade cakes and some very nice coffee too. Cafe is open Sat/Sun 9.30-1.30 - we look forward to seeing you - everyone is welcome (except of course for that one person who

knows who they are 😊)

Finally, there is some Shottisham Campsite honey back in stock. This is raw, untreated honey made with love by the bees who live here. It has been an odd bee year so far as the hives have been wanting to swarm all the time - the frame below is full of queen cells where the larvae are changing into new queens (they look like peanuts). The prolific blossom means not only hives that want to swarm but also that there is honey for us to enjoy.



To keep up to date with cafe and campsite news take a look at my instagram @blue_rabbit_farmcafe and the website www.bluerabbitcafe.com
More next month, *Claire x*



DAY	ALDERTON	ALDEBURGH	ORFORD
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	8.00 to 18.30	CLOSED
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to 13.00
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to 13.00
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to 13.00

Wednesday 12th July closed from 13.00: staff training. Alderton surgery will be open for booking future appointments, and the dispensary will be open for collections. Aldeburgh and Orford surgeries will be closed.

All calls will continue to be redirected to 111 for this afternoon.

We offer an increasingly wide range of NHS services to our patients:

- Memory checks (if worried about dementia)
- Menopause management
- Paramedic appointments
- Same day physiotherapy for acute musculoskeletal symptoms
- Ultrasound (by referral)
- Single skin lesion clinic
- Mental health and wellbeing support

- Insomnia support - SleepStation (a bespoke programme)
- Travel health
- Social prescriber – support for non-clinical health and wellbeing needs
- Compassionate Companion service – to support end of life choices and care
- Full contraception services (eg coils) and sexual health

Also available at our practice are non-NHS services (charged):

Chiropody – foot care appointments & home visits and Ear care – wax removal (see website)



Congratulations to Dr Shahabi for becoming Partner at Peninsula Practice!

We are delighted to announce that Dr Jafar Shahabi is now a GP partner at Peninsula Practice. Dr Shahabi joined the practice as a trainee, then gained experience in Ipswich before returning to his favourite practice as a salaried GP in 2021.

Flu vaccines

We are busy organising for the upcoming flu season; we will be holding clinics at Hollesley Village Hall, Aldeburgh Old Generator Station and Orford Surgery. We will share details including dates, times and eligibility criteria will come next month.

Please contact us as soon as you are unable to attend an appointment

In the first 3 months of 2023, the equivalent of a working week's worth of appointments was missed. This is valuable time – these appointments would have been given to others if they had been cancelled by the patients in advance.

Thank you everyone who donated to our Midnight Walk on 20 May 23 for St Elizabeth's Hospice we raised **£357.00, Terrie and Bethany**



Shottisham WI - we are always open to new members – contact Diane Fleming, Shottisham WI Secretary 01394 411870 or email dillypal@outlook.com."

The Sorrel Horse

PIZZA'S ARE BACK! We are delighted to announce that we are going to firing up the Pizza Oven every Friday night during the summer months! You can order between 5pm - 8pm every Friday, drinks available to enjoy while you wait on the decking! Please call 01394 411617 to order or go visit the pizza barn to place your order. Thanks, *Rebecca*

SHOTTISHAM PARISH COUNCIL

PLAY AREA MAINTENANCE

You will be aware that the guardian of the Play Area for the past four/five years, Pat Southgate, has left the Parish Council. Prior to her leaving she attempted to get a number of companies to quote for numerous repairs identified in the ROSPA inspection of September 2022, despite her efforts no companies were prepared to quote.

Pat's responsibilities have been spread over a number of Councillors (A measure of the effort Pat put in). A local Handyman (Simon Houldey) under the guidance of the Chairman has been working through the list of repairs, concentration has been on those faults with the highest risk factor identified by ROSPA. Substantial progress has been made particularly in respect of the Fort/Slide, Trim Trail, Seesaw and Swings. It is hoped that by the time of the next inspection in September the improvements will be substantial. Councillors David Wass and James Campbell will carry out monthly inspections to ensure all areas of risk are identified and Ray Kay will ensure Simon is regularly employed to complete any repairs. The bulk of the cost of the repairs will be funded by £3,000 raised by the Chairman from the Big Lottery Fund. Also at our Jubilee Event we had a raffle that raised £250 for the Play Area, this has been used to purchase a small generator to assist Simon in his work.

Could you be a

DIGITAL CHAMPION VOLUNTEER?

Do you have an hour or more spare each month? We are looking for friendly & reliable volunteers around the county to join our team!

Do you use a phone, laptop or tablet? Could you support people in your local community who would love to learn basic digital skills to contact family members, online shopping, book appointments etc.

Scan for more information

For more info call us on 01449 707030 or email volunteering@communitiestogether-ea.org

All volunteers must be 16+ Full training and DBS provided

Suffolk County Council

www.comunitiestogether-eastanglia.org Registered Charity 1064198

THERE ARE STILL INSTANCES OF VANALISM, PLEASE REPORT ANY DAMAGE/INCIDENTS TO THE PARISH CLERK

The next meeting will take place on Tuesday 11th July at 7:30 pm in the Trust Hall.

Full minutes from the Annual General Meeting and the Annual Parish Meeting can be found on the Shottisham Village website at <http://shottisham.suffolk.cloud>

Lesley Roberts, Clerk to Shottisham Parish Council
Shottishampc.clerk@gmail.com 01394 410581

Dear All, I am the Digital Lead for a charity organisation called Communities Together East Anglia. My main role is to provide digital skills access. If you require any more information, please do not hesitate in contacting me.

Best wishes, **Tracey Walsh Digital Lead** 01449 707030
Email: tracey.walsh@communitiestogether-ea.org

LOCAL EVENTS IN JULY

Saturday 8th Alderton Fete – 2.00pm on the Recreation Ground

Saturday 15th Bawdsey Market – 2.00-4.00pm, the Hall

Deben Ferry daily 10.00am-5.00pm

Boathouse Café open Thursday-Monday, 11.00am-5.00pm

Poppy's Café Rock Barracks open Mon-Thurs 9.15am-2.00pm

Thrift Shop Rock Barracks, open Mon-Fri, 8.00am-4.00pm (closes Noon on Fri)

Marsh Farm Café RSPB Reserve Hollesley open 10.00am-2.00pm daily

Blue Rabbit Café, Shottisham – Open 10.00am-1.30pm Saturday and Sunday

Pete's Pizzas, Shottisham – Ring 07850 815486 for days/times

Mobile library at The Knoll, Shottisham 3 to 3.20 pm on **Tuesday 18th**

Quizzes – Quizzes are at The Swan, Alderton on **Wednesday 12th and Wednesday 26th** at 8 pm.

Alderton Swan is open Thursdays/Fridays/Saturdays 6-10pm, and Sundays 12-3pm

Suffolk Punch Trust/Café open 10.30am-4.00pm, not open Tuesday

New home

We wish Penny Clark all the best in her move to her new home in Bawdsey after many years of playing a large part in Shottisham village life.

Welcome to Kelly Todd and her daughter Ayda who have moved in to 4 Barracks Row.



Thank you Gary and Leila for a lovely evening in your new garden.



For contributions to the Shottisham newsletter please contact **Nicky Beaven 411861** or nicky.rosecott@gmail.com by **25th** of previous month. For church-related information please contact Rev Simon Cake 07710 523856 simon.cake@outlook.com